



**American
Red Cross**

American Red Cross Blended Learning Lifeguard Class taught by ARC Instructor
Amy Mason.

ARC Lifeguard Cert(NEW GUARDS):

Fri 5/5 7:30-9:30pm Sun Valley Pool

Sat 5/6 10:0-6:00pm Sun Valley Pool

Sun 5/7 10:00-6:00pm Sun Valley Pool

Cost: Full Lifeguard class is \$200 includes certificate, book, and mask. You will receive the link
for the online work the month prior to your first day of class.

ARC Lifeguard ReCert:

Sun 5/7 10:00-5:00pm Sun Valley Pool

Cost: Lifeguard Recert class is \$105

This detailed training includes both testing of hands-on skills as well as
comprehension on written tests. The certification, which includes First Aid, CPR
and AED training, is valid for two years upon completion and is accepted
nationwide. You must be 15 years old by the last day of class.

Contact Amy astar302@hotmail.com or 925-876-3390 to sign up, space fills up fast. You may
cancel up to the Monday prior to the start of class for no fee. If you cancel the Weds or Thurs or
the first day of class, there is a \$45 cancelation fee.